

## SAY NORTH DISCIPLINARY ACTIONS FOR PLAYERS, COACHES, REFEREES, PARENTS AND SPECTATORS

INFRACTION	PENALTY / DISCIPLINARY ACTION
Abusive language to an official, player, coach, or spectator.	First offense: Yellow Card- Caution      Second offense: Red Card - Ejection from the match, One game suspension.
Foul language to an official, player, or spectator.	First Offense: Yellow Card- Caution Second Offense: Red Card- Ejection from the match. One game suspension.
Threatening actions or words towards an official, player, spectator, or coach.	Red Card - Ejection from the match, with one game suspension. Subject to board review including season or lifetime expulsion.
Deliberate physical contact with a referee, player, coach or spectator (i.e. grabbing the arm, turning the individual around, poking, bumping, pushing, shoving, harassing etc.)	Red Card - Ejection from the match and two game suspension. Subject to board review including season or lifetime expulsion.
Aggressive physical contact with the referee, player, coach or spectator with intent to injure (i.e. banging head to ground, stomping, striking defenseless player, kicking while on the ground etc.)	Red Card- Ejection from the match and two game suspension Subject to board review including season or lifetime expulsion.
Spits at an opponent or any other person.	Red Card - Ejection from the match, One game suspension.
Striking an official.	Red Card – Ejection from the match, Two game suspension. Subject to board review including season or lifetime expulsion.
Striking (closed fist) or deliberately kicking a player with intent to injure.	Red Card - Ejection from the match and 2 game suspension. Second offense for same reason is expulsion for the season.
Refusal to leave the playing field after an ejection.	One game suspension in addition to penalty for original offense.
Any player observed using or under the influence of drugs or alcohol before or during a match, or while on premises.	Red Card - Ejection from the match and four game suspension. Subject to board review including season or lifetime expulsion.
Entering or deliberately leaving the field of play without permission of the referees	First offense: Yellow Card- Caution.      Second Offense: Red Card- Ejection from the match and one game suspension.
Denies an opponent a goal on an obvious goal-scoring opportunity by deliberately handling the ball (does not apply to goalkeeper within own penalty area).	Red Card - Ejection from the match and one-game suspension.
Denies an opponent a goal on an obvious goal-scoring opportunity to an opponent moving towards the player's goal by an offense punishable by a free kick or a penalty kick.	Red Card - Ejection from the match and one-game suspension.
Delays the restart of play.	First offense: Yellow Card- Caution.      Second Offense: Red Card - Ejection from the match and one game suspension.
Fails to respect the required distance when play is restarted with a corner kick or free kick.	First offense: Yellow Card- Caution.      Second Offense: Red Card - Ejection from the match and one game suspension.
Engages in dangerous or unsporting behavior off the field with intent to harm.	Red Card- Ejection with four (4) game suspension. Subject to board review including season or lifetime expulsion.
Two cautions (Yellows) in a single game.	Red Card - Ejection from the match and one-game suspension.
Engages in any dangerous or unsporting-like behavior. Includes verbally threatens or physically gestures a threat or touches anyone at the site which includes parking lots and fields.	Card- Ejection from the match, one (1) game suspension. Subject to board review including season or lifetime expulsion.

Definitions “# game suspension” means the next game(s) to be played. The “board” is the SAY North Board members consisting of the President, Vice-President, Secretary and Treasurer.

**BOARD DECISIONS ARE FINAL, AND NOT OPEN FOR APPEAL**

Original January 2010, Revised February 1, 2018